

Symptoms that may be relieved by AHS Formulas

Ancient Herbal Secrets natural herbal products are based on formulas passed down through many generations in Asia. These formulas have been proven over time and have had been shown to have many benefits. Below you will find a list of some symptoms that individuals have had relief with when using some of these formulas.

SYMPTOMS	FORMULAS
Digestive/Intestinal Tract Imbalances	Detox "Home Spa" Program Stress Relief/Detox Patches Jade Body Pillow
Dry and cracked feet and hands	Skin Rejuvenation Soak Exfoliating Hand and Foot Scrub Foot Smoothing Treatment Hydrating Lotion for Hand and Body
Dry Skin	Skin Rejuvenation "Home Spa" Prog Hydrating Lotion for Hand and Body Age-Defying Skin Care System
Emotional Imbalances	Stress Relief "Home Spa" Program Stress Relief/Detox Patches Internal Energy Formula
Energy	Stress Relief Express "Home Spa" Program Internal Energy Formula
Fatigue	Stress Relief "Home Spa" Program Internal Energy Formula Rebalance Body Spray
Fine facial lines	Age-Defying Skin Care System Skin Rejuvenation "Home Spa" Program Age-defying Eye Renewal Serum Jade Eye Pillow
Foot Discomfort	Skin Rejuvenation "Home Spa" Prog Hydrating Lotion for Hand & Foot Foot Smoothing Treatment Foot Energy Spray
Gallbladder Imbalances	Internal Detox Formula Detox "Home Spa" Program Jade Body Pillow
Gas	Internal Rebalance Formula Jade Body Pillow
General Body Discomfort	Stress Relief Express "Home Spa" Program Muscle & Joint Massage Lotion Meditation Pillow/Cushion Pain Relief Kit
Gum Problems	Internal Detox Formula Rebalance Body Spray

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Hand & Wrist Discomfort	Muscle & Joint Kit Muscle & Joint Spray and Lotion Stress Relief/Detox Patches
Headaches	Stress Relief/Detox Patches Internal Rebalance Formula Meditation Pillow Jade Eye and Neck Pillow
Digestive/Intestinal Tract Imbalances	Detox “Home Spa” Program Stress Relief/Detox Patches Jade Body Pillow
Dry and cracked feet and hands	Skin Rejuvenation Soak Exfoliating Hand and Foot Scrub Foot Smoothing Treatment Hydrating Lotion for Hand and Body
Dry Skin	Skin Rejuvenation “Home Spa” Prog Hydrating Lotion for Hand and Body Age-Defying Skin Care System
Emotional Imbalances	Stress Relief “Home Spa” Program Stress Relief/Detox Patches Internal Energy Formula
Energy	Stress Relief Express “Home Spa” Program Internal Energy Formula
Fatigue	Stress Relief “Home Spa” Program Internal Energy Formula Rebalance Body Spray
Fine facial lines	Age-Defying Skin Care System Skin Rejuvenation “Home Spa” Program Age-defying Eye Renewal Serum Jade Eye Pillow
Foot Discomfort	Skin Rejuvenation “Home Spa” Prog Hydrating Lotion for Hand & Foot Foot Smoothing Treatment Foot Energy Spray
Gallbladder Imbalances	Internal Detox Formula Detox “Home Spa” Program Jade Body Pillow
Gas	Internal Rebalance Formula Jade Body Pillow
General Body Discomfort	Stress Relief Express “Home Spa” Program Muscle & Joint Spray Muscle & Joint Massage Lotion Meditation Pillow/Cushion Pain Relief Kit
Gum Problems	Internal Detox Formula Rebalance Body Spray

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Hand & Wrist Discomfort	Muscle & Joint Kit Muscle & Joint Spray and Lotion Stress Relief/Detox Patches
Headaches	Stress Relief/Detox Patches Internal Rebalance Formula Meditation Pillow Jade Eye and Neck Pillow
Hot Flashes/Night Sweats	Detox “Home Spa” Program Internal Energy and Detox Formula Meditation Pillow Rebalance Body Spray Stress-Relief Detox Patches
Intestinal Imbalances	Stress Relief “Home Spa” Program Internal Detox Formula
Joint Discomfort	Detox “Home Spa” Program Stress Relief/Detox Patches Muscle & Joint Kit, Spray & Lotion Muscle & Joint Cream-Ex Strength
Lack of focus	Internal Energy Formula Detox “Home Spa” Program
Large facial pores	Trouble Skin Care System Purifying Toner Blemish Control Gel
Leg Cramps	Foot Energy Spray Internal Energy Formula Skin Rejuvenation Soak Muscle & Joint Massage Lotion
Low Energy	Internal Energy Formula Detox “Home Spa” Program
Lung Congestion	Detox “Home Spa” Program Internal Detox Formula
Lung Imbalances	Detox Soak Internal Energy and Detox Formula Stress Relief/Detox Patches
Mental Ambiguity	Detox “Home Spa” Program Internal Energy Formula Rebalance Body Spray Stress-Relief Detox Patches
Mental/Emotional Disharmony	Internal Energy Formula Rebalance Soak Detox “Home Spa” Program Rebalance Body Spray
Menstrual Cramps	Stress Relief “Home Spa” Program Stress Relief/Detox Patches Jade Body Pillow

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Menstrual Irregularities	Detox "Home Spa" Program Internal Energy Formula Jade Body Pillow
Mesquito bite	Blemish Control Gel Rejuvenating Mask
Muscle Cramps	Muscle & Joint Spray Rebalance Body Spray Muscle & Joint Massage Lotion Muscle & Joint Cream-Ex Strength Stress Relief/Detox Patches
Muscle & Joint Discomfort	Muscle & Joint Kit and Spray Stress Relief "Home Spa" Program Internal Energy and Detox Formula Muscle & Joint Massage Lotion Muscle & Joint Cream-Ex Strength
Muscle Tone	Body Sugar Scrub Body Sculpting Cellulite Serum Slimming Soak Slimming "Home Spa" Program
Nerve Damage	Pain Relief Kit Muscle & Joint Spray & Lotion Muscle & Joint Cream-Ex Strength
Nerve Imbalances	Muscle & Joint Spray Rebalance Body Spray Foot Energy Spray
Night Sweats	<i>(see Hot Flashes)</i>
PMS	<i>(see Hot Flashes)</i>
Poor Circulation	Stress Relief "Home Spa" Program Internal Energy Formula Rebalance Spray Muscle & Joint Spray Energy Internal Formula Jade Pillows
Prostate Health	Men's Formula
Severe Headaches	Stress Relief/Detox Patches Rebalance Body Spray Stress Relief "Home Spa" Program Stress-Relief Detox Patches Jade Eye and Neck Pillow
Skin Irritation	Skin Rejuvenation "Home Spa" Prog Rebalance Moisturizer Hydrating Lotion for Hand & Body
Skin Problems	Trouble Skin Care System Blemish Control Skin Rejuvenation "Home Spa" Prog

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	Internal Detox Formula and Soak
Sleeping Problems	Stress Relief “Home Spa” Program Stress Relief/Detox Patches Meditation Pillow/Cushion/Pillows
Sore Feet	Muscle & Joint Spray Rebalance Body Spray Foot Energy Spray Foot Smoothing Treatment Exfoliating Hand & Foot Scrub
Sore Throat	Rebalance Body Spray Internal Detox Formula
Stomach Imbalances	Detox “Home Spa” Program Stress Relief/Detox Patches Energy Internal Formula Jade Body Pillow
Stress	Stress Relief “Home Spa” Program Stress Relief/Detox Patches Stress Relief & Slimming Soak
Sun Burn	Rebalance Body Spray Purifying Lotion for Trouble Skin Hydrating Lotion for Hand & Body
Toxicity	Detox “Home Spa” Program Internal Detox Formula
Trouble Skin	Trouble Skin System Skin Care “Home Spa” Program
Unhealthy Skin	Trouble Skin Care System Skin Rejuvenation “Home Spa” Prog. Refining Moisturizer Age-Defying Regenerating Serum Hydrating Mist Face, Hair & Body
Warts	Skin Rejuvenation “Home Spa” Program
Wrinkles	Age-Defying Skin Care System Hydrating Mist Face, Hair & Body Age-Defying Eye Renewal Serum Age-Defying Regenerating Serum Firming & Lifting Moisturizer
Water Retention	Detox “Home Spa” Program
Weight Control	Slimming “Home Spa” Program Slimming Patches Internal Slimming Formula & Soak Body Sculpting Cellulite Serum
Yeast Infection	Detox “Home Spa” Program Internal Detox Formula

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